

RELIGION

Some conservative societies and institutions use religion to prevent girls from playing sport. While many religions dictate what appropriate sport clothing may look like, few bar girls from participating in sport at the same level as their male counterparts.



STRATEGIES:

- Ensure that religious leaders are fully aware of the intention and benefits of the sport programme — reducing fears, anxieties and misunderstandings that might exist.
- Ask religious leaders to help educate parents that religion doesn't forbid sport.